

A time to consider the giving up of what we are, for what we may become.

# LENT BEGINS

LENT



## ASH WEDNESDAY – February 14, 2018

Ashes will be distributed during the 7:00 a.m., 12 Noon and 6:30 p.m. Masses. We invite you to attend one of these liturgies.

## LENTEN SCHEDULE

**DAILY MASS:** Monday, Tuesday, Wednesday & Friday at 7:45 a.m.

**TUESDAY - March 26, 2018 (Holy Week)** 6:00 - 7:00 PM Last Opportunity for Lent Reconciliation

**Tri-Parish Penance Service – February 19, 2018 at 7:00 p.m.**  
St. Theresa Church in So. Hadley.

### **WEDNESDAYS OF LENT - Schedule of Stations:**

- Week 1:** February 21 - Stations for and by Lectors: “I Am There”
- Week 2:** February 28 – Stations for and by the Music Ministry: “Behold”
- Week 3:** March 7 – Stations for and by Faith Formation/Youth: “By Your Side”
- Week 4:** March 14 – Stations for and by Extraordinary Ministers of Holy Communion/ Eucharistic Adorers: “We Adore You”
- Week 5:** March 21 – Stations for and by Men’s & Women’s Clubs “Stations for Families”
- Week 6:** March 28 - Stations of Divine Mercy
- Week 7:** March 30 - **Good Friday @ 3:00 p.m.** - “Mary’s Way of the Cross”

**FRIDAYS OF LENT** - Eucharistic Adoration 8:15 a.m. – Noon (except if there is a funeral)

**FIRST FRIDAY EUCHARISTIC ADORATION, March 2** 8:15 A.M. – 5:00 P.M.

**SATURDAYS OF LENT** – Confessions 3:15 pm – 3:45 p.m.  
(except March 31, Holy Saturday)

## **LENTEN GUIDELINES**

1. Ash Wednesday and Good Friday are days of abstinence from meat as well as days of fast, when only one full meal is allowed. On days of fast, two other meatless meals may be taken according to one’s needs, but together they should not equal another full meal.
2. The other Fridays of Lent are days of abstinence from meat.
3. The obligation to abstain from meat begins at fourteen (14) years of age.
4. The obligation to fast begins at eighteen (18) years of age and ends at fifty-nine (59) years of age.
5. Although the faithful may excuse themselves for a just cause from these laws of fast and abstinence, there is an obligation to substitute another penance and no Catholic should lightly excuse himself/herself from this obligation in the Lenten Season.